

ROTARY



Rotary
Club of New Regency Estate



CONNECT

December
Edition

BULLETIN

ROTARY CLUB OF NEW REGENCY ESTATE

CLUB NO - 226313

RI DISTRICT :3142

CHARTER DATE - 10TH JULY 2024



Stephanie A. Urchick
RI President 2024-25



Dinesh Mehta
District Governor, 2024-25



Vikram Gade
Club President 2024-25

Nivedita Chaskar
Bulletin Editor

DECEMBER

DISEASE PREVENTION AND TREATMENT MONTH

"By recognizing that infectious disease is not some faraway exotic issue but a global problem, and by sharing the responsibility for its prevention, diagnosis, and control, the whole world will be a lot safer."

Seth Berkley

Rotary



TAKE ACTION: Join Rotary, Be a People of Action



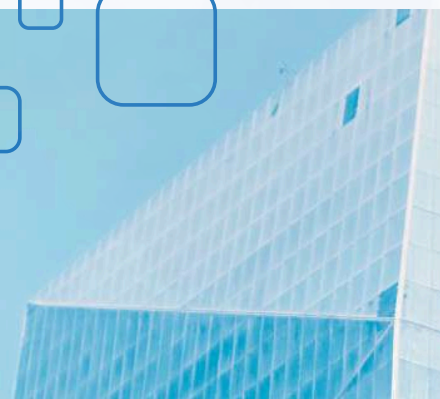
DISEASE PREVENTION AND TREATMENT

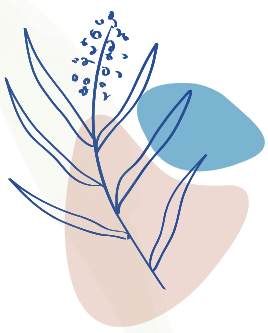




CONTENT

- **Editor's Musings - Nivedita Chaskar.**
- **Road Safety and Driving Awareness: A Collaborative Initiative**
- **Empowering Young Minds: Building Awareness and Resilience**
- **In the Spotlight - GML Editor Ms Namrataa Srivastav**
- **Upcoming Projects for January 2025**





EDITOR'S MUSINGS

Rotary December Turning Pages, Inspiring Change



Dear Rotarians and Readers,

Welcome to another edition of our club's journey in service, fellowship, and community impact. As we turn these pages together, let us reflect on the power of unity and the difference we can make when inspired hearts and willing hands come together. Rotary stands as a beacon of hope, empowering us to transform challenges into opportunities and dreams into reality.

This edition celebrates our collective achievements, showcases inspiring stories, and highlights the milestones we've reached together. It also serves as a reminder of the road ahead, urging us to continue fostering innovation, inclusivity, and compassion in everything we do.

Let this bulletin be more than just a record of our endeavors —let it be a source of inspiration and a call to action. Together, as "People of Action," we will continue to create ripples of positive change, one step at a time.

Nivedita

Bulletin Editor 2024-25
Rotary Club of New Regency Estate



Contact Us

Address : Ash, 22A/102, Regency Estate, Dombivli (E)

Email : rcnr24@gmail.com

Phone : 9969622338

Club Website :

www.rcnewregencyestate.rotaryindia.org

Road Safety and Driving Awareness: A Collaborative Initiative

Road Safety and Driving Awareness: A Collaborative Initiative

On 1st December 2024, the Rotary Club of New Regency Estate, in partnership with Velox Motors and Maruti Suzuki Driving School, hosted an enlightening session on "Road Safety and Driving." This initiative aimed to foster awareness about safe driving practices and the significance of understanding road signs, their meanings, and their role in enhancing road safety.

The session featured a compelling presentation by the team from Velox Motors, who skillfully explained various road symbols and their importance in ensuring safer journeys for all. The interactive format of the event encouraged active participation, sparking meaningful discussions among attendees.

One of the session's highlights was the insightful contribution of Rtn. Kedar Phadke, who elaborated on critical topics such as highway markings, rules for changing lanes, and the etiquette of overtaking. His expertise provided participants with practical knowledge essential for informed and responsible driving.

This impactful event would not have been possible without the dedication and efforts of several Rotarians. Special thanks go to PP Yogesh, PR Director Pratibha Kaku, and Rtn. Kedar Phadke for their invaluable contributions to the session's success. We also extend our heartfelt gratitude to Charter President Vikram Gade, whose leadership and vision played a pivotal role in bringing this initiative to life.

Through such events, the Rotary Club of New Regency Estate reaffirms its commitment to promoting community welfare and safety. Together, we continue to make a difference, ensuring safer roads and a better future for all.



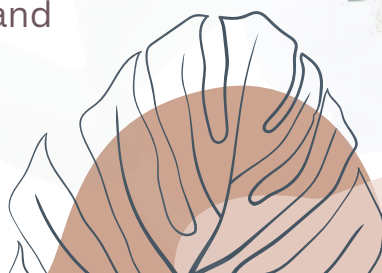


EMPOWERING YOUNG MINDS: BUILDING AWARENESS AND RESILIENCE

The Rotary Club of New Regency Estate organized a meaningful and impactful session for the young students of Jilha Parishhad Digital Prathamik Shala, Sonarpada, Dombivli (East). Focused on the themes of “Good Touch, Bad Touch,” “Mental Health,” and “Mobile De-addiction,” this initiative aimed to educate and empower children to navigate critical aspects of their well-being with confidence and awareness.

This initiative was made possible with the support of Mrs. Kalpana Jaware Madam, who graciously provided the platform for the Rotary Club to engage with the young minds.

The session featured Mr. Anuj Yadav, a distinguished clinical psychologist and TEDx speaker, whose engaging and relatable approach captivated the students. Mr. Yadav addressed the sensitive topic of “Good Touch, Bad Touch,” teaching the children how to recognize inappropriate behavior and memorize the Childline helpline number 1098 through a simple and enjoyable technique. His session underscored the importance of personal safety in an age-appropriate manner, ensuring the children felt comfortable and empowered.





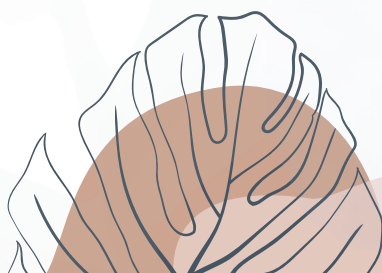
EMPOWERING YOUNG MINDS: BUILDING AWARENESS AND RESILIENCE

Additionally, Mr. Yadav tackled the growing issue of mobile addiction. He encouraged students to reflect on their screen time and adopt healthier habits, emphasizing mindfulness and the importance of balancing technology use with other aspects of life.

The session was a resounding success, leaving the students better informed, confident, and inspired to take charge of their mental and physical safety.

The Rotary Club extends its sincere appreciation to Rtn. Kedar Phadke and Rtn. Amita Gaikwad for their unwavering support and contributions, which were instrumental in making this event a reality.

This initiative is yet another example of the Rotary Club of New Regency Estate's commitment to fostering a safer, healthier, and more informed future for the next generation. Together, we continue to inspire positive change, one step at a time.



IN SPOTLIGHT – NAMRATAA SRIVASTAV

DR. NAMRATAA SRIVASTAV

B.Sc. | B.Ed. | M.A. | Ph.D.

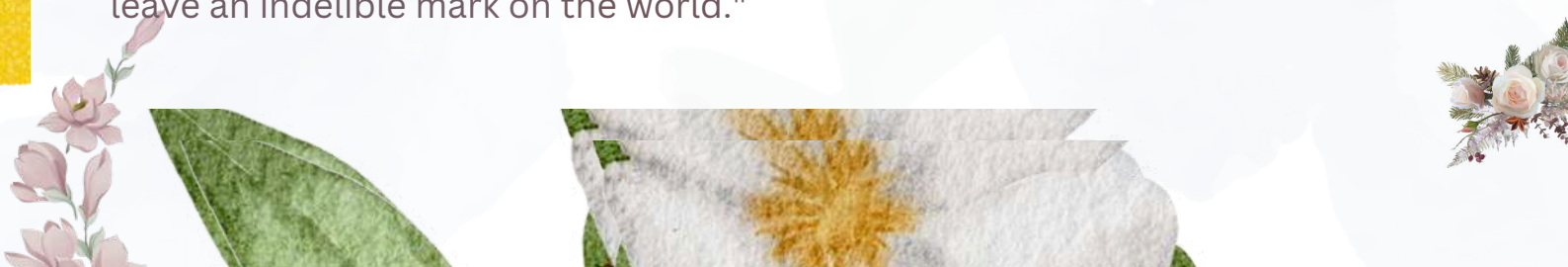
Research Guide | Associate Professor | Founder
'Creative Manners': A Bespoke School
Creative Communication Specialist | Speechwriter |
Author | Voice Etiquettes Coach | Media & Public
Relation Professional

**Opens her introduction with this quote...unquote...
"Words don't have meaning until we give them one,
so use them wisely to make a gracious impression!"**



**1.Journey with Rotary: What inspired you to join
the Rotary Club in 2016?**

"My mother's fervent wish, that I leave a legacy, a 'nameplate,' as she eloquently termed it, ignited within me an ardent desire to contribute meaningfully to the betterment of humanity. This yearning, coupled with a profound belief in the transformative power of selfless service, compelled me to seek an avenue for enduring impact. Recognizing Rotary's unwavering dedication to humanitarian endeavors and its unparalleled capacity to mobilize individuals towards a common purpose, I embraced this esteemed organization as the ideal crucible for nurturing my aspirations and translating them into tangible actions that would leave an indelible mark on the world."



IN SPOTLIGHT – NAMRATAA SRIVASTAV

2. How has your journey with RC Hiranandani Estate evolved over the years?

Joining Rotary in 2016 transformed me into a proactive agent of change, empowering me to lead impactful projects, embrace service, and foster meaningful community connections.

3. What has been your role as a fellow Rotarian?

I've embraced leadership roles, actively participated in projects, and mentored peers while embodying Rotary's spirit of action, evolving into a catalyst for lasting societal transformation.

4. As a woman in Rotary, how do you see your role?

As a "tea bag" in hot water, I thrive through challenges, championing diversity, equity, and inclusion, ensuring all feel valued and empowered to serve meaningfully.

5. What are your noteworthy Rotary experiences?

Organizing impactful community projects like prosthetic hand distribution, women's empowerment initiatives, and health campaigns has been deeply fulfilling, directly enhancing lives and creating lasting societal change.



IN SPOTLIGHT – NAMRATAA SRIVASTAV

6. How do you integrate your media expertise into Rotary initiatives?

I craft compelling narratives, execute strategic communication campaigns, and mentor peers, enhancing Rotary's visibility and impact across platforms and audiences.

7. What was most rewarding about serving as GML Editor?

Curating engaging stories and showcasing collective Rotary impact through a 56-page magazine exemplified teamwork and the power of sharing impactful narratives.

8. How did you contribute as Co-Convenor of the TiTEN Pre-PEL event?

I ensured flawless execution, inspired participants, and learned that embracing challenges with passion transforms setbacks into constructive learning experiences.

9 . What has been your most impactful Rotary project?

Distributing over 623 prosthetic hands, restoring dignity to lives, and establishing a hygienic orphanage kitchen remain highlights of my journey, deeply enriching for me and the beneficiaries.

IN SPOTLIGHT – NAMRATAA SRIVASTAV

10. How do you balance professional, Rotary, and personal commitments?

Through meticulous planning, prioritization, and delegation, I harmonize these roles, fostering teamwork within Rotary while maintaining personal and professional fulfillment.



11. What are your aspirations for the club's future?

I envision fostering innovation, inclusivity, and youth engagement, ensuring our club becomes a vibrant, impactful hub of service and leadership.



IN SPOTLIGHT – NAMRATA SRIVASTAAA

12. What advice would you give to new members?

Embrace service wholeheartedly, actively participate, seek mentorship, and focus on making a difference—Rotary's fulfillment lies in meaningful connections and impactful service.



13. What are your personal interests and inspirations?

I enjoy literature, music, travel, and nature. My mother's resilience and compassion inspire me, alongside countless humanitarians embodying selfless service.



UPCOMING

PROJECTS

Fitness Awareness

Annadan Project

Tree Plantation

Trek with Youth

BIRTHDAYS

Santosh Tiwari – 15th January

Abhishek Kulkarni – 26th January